




# **Women Empowerment**

## **in Contemporary India**

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*Self Attester*  




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## CHAPTER 13

### WOMEN EMPOWERMENT IN INDIA

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#### ABSTRACT

*Women's empowerment is empowering women to be self-sufficient. Empowering women is liberating them from all societal and familial constraints in all parts of their lives, including their minds, thoughts, rights, and decisions. Its goal is to achieve gender equality in all aspects of society for both men and women. Women's empowerment is critical for the development of the family, society, and country. Women require a new and more competent environment in order to make the best decisions for themselves, their families, society, and nation. Women's empowerment is a crucial instrument for achieving the objective of development in order to make the country completely developed. Empowerment is the process by which women gain control of their life by broadening their options and developing the capacity to make strategic life choices. Empowerment may occur at a variety of levels that is at individual, family, community, and societal level and is supported by providing encouraging variables like as exposure to new activities that may enhance capacity and removing restricting ones such as a lack of resources and expertise. Women's distinct identities are being recognised in modern culture. She is seen to have the same aspirations, talents, and traits as men, and it is also acknowledged that she should be given opportunity to grow and express her capabilities as she sees fit. She is currently dealing with a slew of issues. The government has launched a slew of programmes and regulations aimed at empowering women.*





**Keywords:** Women Empowerment, Gender Equality, Higher Education, Society

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