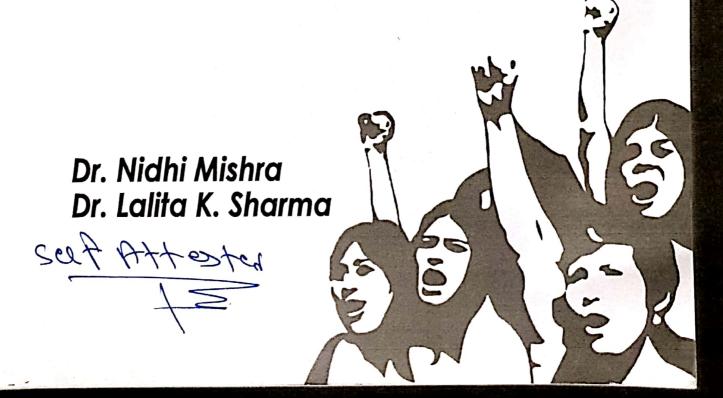




# Women Empowerment

in Contemporary India



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## **CONTENTS**

Sr. No.	Chapter Title/Author	Page No
ection One	: Violence against Women	
Chapter 1	Older Women In India: Problems And Health Concerns	1-13
	Dr.V.Vidhya & Dr.A.Barwin Vino	
Chapter 2	Domestic Violence In India Against Woman With Special Reference To Covid19 Pandemic: A Critical Study	14-23
	Ramshankar Varma	
Chapter 3	Domestic Violence against Women in India and Its	24-27
	Eradication	
	Vinay Prabha Minj	04
Chapter 4	Gender Violence in Indian Society: A Study	28-32
	Dr. Abhilasha Saini	
Chapter 5	IPC Crimes against Women in India	33-39
	Dr. Bhawani Prasad Yadaw	
Chapter 6	Status of Women in India	40-42
	Kajal Lulla	
Chapter 7	Economic Issues of Women in India	43-47
	Anuradha Diwan	
Section T	wo: Women Empowerment: A Present Scenario i	in India
Chapter 8	Women Empowerment in India: Problems and Prospects	48-52
	Dr. Anshumala Chandangar & Ankit Dhote	

nt

ri,

ry

Chapter	Women Empowerment: Problems in the Way of Women	53-59
	Empowerment in India	
	Dhanesh Ram Sinha	
Chapter 1	0 Envisaging Legislative and Legal Measures in National	60-62
	Policy of Women Empowerment	
	Usha Yadu	
Chapter 1	Women Empowerment in India: A Present Scenario	63-67
•	Dr. Rita Diwan	
Chapter 12	Women Empowerment in India: A Way Forward	68-73
	Dr. Anshumala Chandangar & Rahul Taneja	
Chapter 13	Women Empowerment in India	74-82
	Dr. Budheshwar Prasad Singhraul & Dr. Vanita Kumari	
	Soni	
Chapter 14	Women Empowerment in India (Special Reference to	83-92
	Government & Non Government Schemes)	
	Dr. B.N. Jaiswal	
Section Th	ree : Feminism	
Chapter 15	(Re) Location of the Self: A Study of Laxmi Bai Tilak's	93-99
,	Sketches from Life	
	Dr. Krati Sharma	
Chapter 16	Feminism and Women Empowerment	100-103
	Hem Kumari Patel	
Chapter 17	Rise of Indian Feminism	104-108
	Abhijay saini & Aditi Saini	

#### CHAPTER 13

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#### **ABSTRACT**

Women's empowerment is empowering women to be self-sufficient. Empowering women is liberating them from all societal and familial constraints in all parts of their lives, including their minds, thoughts, rights, and decisions. Its goal is to achieve gender equality in all aspects of society for both men and women. Women's empowerment is critical for the development of the family, society, and country. Women require a new and more competent environment in order to make the best decisions for themselves, their families, society, and nation. Women's empowerment is a crucial instrument for achieving the objective of development in order to make the country completely developed. Empowerment is the process by which women gain control of their life by broadening their options and developing the capacity to make strategic life choices. Empowerment may occur at a variety of levels that is at individual, family, community, and societal level and is supported by providing encouraging variables like as exposure to new activities that may enhance capacity and removing restricting ones such as a lack of resources and expertise. Women's distinct identities are being recognised in modern culture. She is seen to have the same aspirations, talents, and traits as men, and it is also acknowledged that she should be given opportunity to grow and express her capabilities as she sees fit. She is currently dealing with a slew of issues. The government has launched a slew of programmes and regulations aimed at empowering women.

Keywords: Women Empowerment, Gender Equality, Higher Education, Society

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1