

**A REPORT ON**  
**AYURVEDIC SYSTEM OF MEDICINE**

Submitted for partial fulfilment of the requirement for the  
award of Bachelor of Pharmacy.



2021-2022

SUPERVISED BY

Dr. NEELIROSE BECK

M.Pharm,Ph.D,

(Asstt.Professor, GGV)

SUBMITTED BY

PALESHWAR SAHU

B.Pharm 8<sup>th</sup> sem

ROLL NO. 18006027

Enrollment No.

:GGV/18/6282



## **FORWARDING CERTIFICATE**

This is to certify that Pareshwar sahu s/o Jay kumar sahu is a student of B. Pharmacy 8<sup>th</sup> Semester in Department of Pharmacy, Guru Ghasidas Vishwavidyalaya Bilaspur (CG) has completed his project work under guidance of **Dr. Neeli Rose Beck** (Asst. professor) on the topic of "**AYURVEDIC SYSTEM OF MEDICINE**", during academic session 2021-2022.

I recommended the report to be forwarded to the respective examiner for evaluation purpose

*JS*  
*26/4/22*

FORWARDED BY

**Dr. Bharti Ahirwar**

Head of Department,

Department of Pharmacy,

Guru Ghasidas Vishwavidyalaya

Bilaspur (C.G.)

**HEAD**  
S.L.T. Institute of Pharm. Sciences  
Guru Ghasidas Vishwavidyalaya,  
Bilaspur (C.G.)

## CERTIFICATE

This is to certify that Paleshwar sahu s/o Jay kumar sahu is a student of B. Pharmacy 8<sup>th</sup> semester of Department of pharmacy, Guru Ghasidas Vishwavidyalaya Bilaspur (C.G.) has completed his work "AYURVEDIC SYSYTEM OF MEDICINE " under my guidance during academic session 2021-22.

I hereby forward this project.

*Neeli Rose*  
28/04/2022

**FORWARDED BY**

**DR. Neeli Rose**

( Assistant professor )



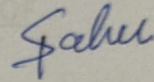
## Acknowledgement

I would like to express my special thanks of gratitude to my teacher Dr. Neeli Rose Beck ma'am who gave the wonderful report on topic "AYURVEDIC SYSTEM OF MEDICINE"

I would like to express my special thanks of gratitude to Dr. Bharti Ahirvar Head of the department of Pharmacy

I came to know about many things. I am really thankful to them.

Secondly I would also like to thanks to my senior, friends who have helped me with their valuable suggestions and guidance.



Pareshwar Sahu

B. pharm 8<sup>th</sup> sem

<u>S. NO.</u>	<u>CONTENT</u>	<u>PAGE NO.</u>
<u>1.</u>	<u>INTRODUCTION</u>	6-10
<u>2.</u>	<u>PRINCIPLE OF AYURVEDA</u>	11-17
<u>2.1</u>	<u>TRIDOSHA</u>	12
<u>2.2</u>	<u>PANCHAMAHABHUTA</u>	13
<u>2.3</u>	<u>HEALTH AND SICKNESS</u>	13
<u>2.4</u>	<u>DIAGNOSIS</u>	13
<u>2.5</u>	<u>TREATMENT</u>	14-16
<u>2.6</u>	<u>PREVENTIVE TREATMENT AND CONCEPT OF ACETIO PATHOGENESIS</u>	16
<u>2.7</u>	<u>OTHER IMPORTANT BASIC PRINCIPLE OF AYURVEDA</u>	17
<u>3.</u>	<u>VARIOUS DOSAGE FORM OF AYURVEDIC MEDICINE</u>	17-24
<u>3.1</u>	<u>LIQUID DOSAGE FORM</u>	17-20
<u>3.2</u>	<u>SEMI-SOLID DOSAGE FORM</u>	20-21
<u>3.3</u>	<u>SOLID DOSAGE FORM</u>	22-24
<u>4.</u>	<u>ROLE OF AYURVEDA SYSTEM IN SOCIETY</u>	24-28
<u>5.</u>	<u>VARIOUS MARKETED PRODUCTS OF AYURVEDIC MEDICINE</u>	28-34
<u>5.1</u>	<u>NURALZ</u>	28
<u>5.2</u>	<u>DABUR</u>	29
<u>5.3</u>	<u>PATANJALI</u>	30



	<u>5.4</u>	<u>BAIDYANATH</u>	30
	<u>5.5</u>	<u>HAMDARD</u>	31
	<u>5.6</u>	<u>ZANDU</u>	31-32
	<u>5.7</u>	<u>HIMALAYA</u>	33
	<u>5.8</u>	<u>VICCO</u>	33
	<u>5.9</u>	<u>CHARAK</u>	34
<u>6.</u>	<u>RECENT DEVELOPMENT AND FUTURE PROSPECTS OF AYURVEDA SYSTEM OF MEDICINE</u>		35-36
<u>7.</u>	<u>ADVANTAGES OF AYURVEDIC SYSTEM</u>		36-40
<u>8.</u>	<u>DISADVANTAGES OF AYURVEDIC SYSTEM</u>		40-41
<u>9.</u>	<u>REFERENCES</u>		42