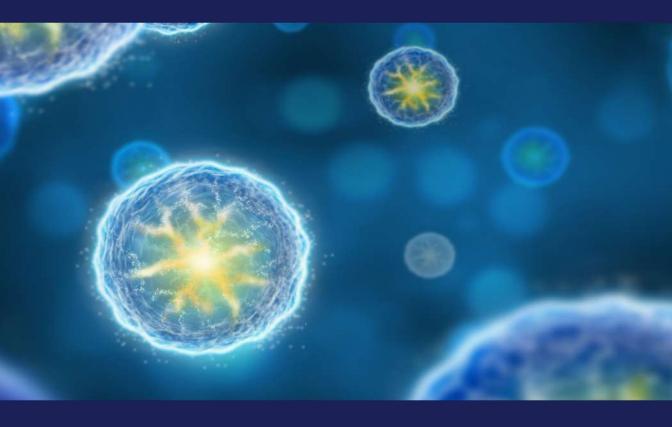
EMERGING TRENDS IN NANOBIOMEDICINE

NanoBioMaterials



Bhupinder Singh Rodney J. Y. Ho Jagat R. Kanwar



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Editor-in-Chief Bhupinder Singh

Editors Rodney J. Y. Ho Jagat R. Kanwar



CRC Press Taylor & Francis Group 6000 Broken Sound Parkway NW, Suite 300 Boca Raton, FL 33487-2742

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Printed on acid-free paper

International Standard Book Number-13: 978-0-8153-9978-0 (Hardback) International Standard Book Number-13: 978-1-351-13866-6 (eBook)

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Library of Congress Cataloging-in-Publication Data

Names: Singh, Bhupinder, editor.

Title: NanoBioMaterials / editor, Bhupinder Singh Bhoop.

Other titles: NanoBioMaterials (Singh)

Description: Boca Raton : Taylor & Francis, 2018. | Includes bibliographical references and index.

Identifiers: LCCN 2018000548 | ISBN 9780815399780 (hardback : alk. paper) |

ISBN 9781351138666 (ebook)

 $Subjects: \mid MESH: Nanostructures--therapeutic \ use \mid Biocompatible \ Materials--therapeutic \ use$

Drug Delivery Systems

Classification: LCC R857.M3 | NLM QT 36.5 | DDC 610.28--dc23

LC record available at https://lccn.loc. gov/2018000548

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and the CRC Press Web site at http://www.crcpress.com

Contents

Foreword	//	/11
About the S	eries	ix
Preface	X	iii
Editors		ΧV
Contributor	S	/ii
Chapter 1	Applications of Nanostructured Biomaterials	. 1
	Shweta Sharma,* Ankush Parmar, and Surinder Kumar Mehta	
Chapter 2	Nanocoutured Metallic Biomaterials and Surface Functionalization of Titanium-Based Alloys for Medical Applications	17
	Jalal Azadmanjiri, Wai Hong Wong, Jagat R. Kanwar,* Christopher C. Berndt, James Wang, Vijay K. Srivastava, and Ajay Kapoor*	
Chapter 3	Graphene-Polymer Nanocomposites for Biomedical Applications	51
	Duo Wu, Mohammad Ramezani, and Minna Hakkarainen*	
Chapter 4	Lipid-Based Nanocarriers in Lymphatic Transport of Drugs: Retrospect and Prospects	67
	Vikas Rana,* Sunil Kamboj, and Sheshank Sethi	
Chapter 5	Nanocarriers in Early Diagnosis of Cancer	97
	Gurpal Singh,* Rajneet Kaur Khurana, Atul Jain, Taranvir Kaur, and Bhupinder Singh*	
Chapter 6	Dendrimers: Emerging Anti-Infective Nanomedicines	21
	Keerti Jain*	
Chapter 7	Production and Utilization of Nanofibers as Promising Biomaterials	39
	Yaser Dahman,* Valdir Mota Junior, Yan Xuan, Simon Nagy, Sumant Saini, Jasleen Kaur, and Bilal Khan	
Chapter 8	Fibro-Porous Composite Nanobiomaterials for Enhanced Biointegration	55
	Andrew T. Wood, Dominique T. Everett, Katelynne J. Herron, and Vinoy Thomas*	
Chapter 9	Nanocarrier-Mediated Therapeutic Protein Delivery	85
	Akhlesh Kumar Jain,* Teenu Sharma, and Sunil Kumar Jain	

vi

Nanotechnology-Based Prodrug Conjugates for Site-Specific Antineoplastic Therapy
Nishi Mody, Rajeev Sharma, Surbhi Dubey, Atul Jain, and Suresh P. Vyas*
Osteomyelitis: Therapeutic Management using Nanomedicines
Ashish Ranjan,* Teenu Sharma, Atul Jain, Sumant Saini, Shantanu Bandyopadhyay, Shreeniwas Singh, and Bhupinder Singh*
Nanostructured Lipid Carrier-Mediated Methotrexate Delivery Evokes Transcription Factors to Induce Selective Apoptosis in Rheumatoid Arthritis 239
Naisargee Patel, Rajeev K. Tyagi,* and Neeraj K. Garg
Superparamagnetic Iron Oxide Nanoparticles for Magnetic Hyperthermia Applications
Yogita Patil-Sen* and Vikesh Chhabria
Development of In-House Nano-Hydroxyapatite Particles for Dental Applications 263
Sunpreet Singh and Rupinder Singh*
277

9 Nanocarrier-Mediated Therapeutic Protein Delivery

Akhlesh Kumar Jain, Teenu Sharma, and Sunil Kumar Jain*

CONTENTS

9.1	Introd	luction	185
9.2	Limit	186	
9.3		ular Nanocarriers	
	9.3.1	Liposomes	187
		Niosomes	
		9.3.2.1 Protein and Peptide Delivery Using Niosomes	189
9.4	Partic	culate Carriers	
		Polymeric Nanoparticles	
		Solid Lipid Nanoparticles	
		9.4.2.1 Protein/Peptide-Loading in SLNs	
9.5	Inorga	anic Nanocarriers	
		Silica Nanoparticles	
	9.5.2	Gold Nanoparticles	196
		Calcium Phosphate Nanoparticles	
9.6	Concl	lusions	197
References			

9.1 INTRODUCTION

Proteins are vital elements involved in all the essential activities of the biological system, such as signal transduction, enzyme catalysis, gene regulation and maintaining the classic balance of cell survival and programmed death (Walsh, 2010; Leader *et al.*, 2008). Advances in genetic engineering have led to proliferation in the enormous diversity of proteins with high biological purity. Despite their strength and specificity in physiological activities, most of the therapeutic proteins are tough to deliver clinically. Hence, an efficient means of transporting proteins to cells and organs of interest in an active state is a key aspect in tumor targeting, vaccination, regenerative medicine, treatment of functional loss and genetic disorders. Despite the administration of these peptides and proteins, these have very short biological half-life. The inherent problems to parenteral protein delivery are patient compliance, discomfort and high variability in bioavailability.

Noteworthy efforts in last decade have been carried out to synthesize nanoparticles (NPs) as delivery vehicles, since they provides appropriate ways of delivering low molecular weight therapeutics, as well as large bioactives, i.e. proteins, peptides, vaccines or nucleotides either by restricted or by tissue-specific delivery. Researchers, due to multiple reasons, are fascinated by nanocarriers as formulation vehicles, because the ratio of number of surface atoms or molecules to the total number of atoms or molecules is enhanced phenomenally, leading eventually to exponential augmentation of the effective surface area (Hadjipanayis *et al.*, 2010). Furthermore, nanocarriers can become much larger in number and, due to their tiny size, could reach regions of low accessibility such as tumor cells, damaged tissues and inflamed

^{*} Corresponding author.