

WOMEN EMPOWERMENT

Editor

Dr. Bimal Charan Swain



KUNAL BOOKS

New Delhi - 110002. (India)

KUNAL BOOKS

4648/21, 1st Floor, Ansari Road,

Daryaganj, New Delhi-110002.

Phones: 011-23275069, 9811043697

E-mail: kunalbooks@gmail.com

Website: www.kunalbooks.com

Women Empowerment

© **Editor**

First Published 2021

ISBN: 978-93-91908-21-8

[All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted, in any form or by any means, mechanical, photocopying, recording or otherwise, without prior written permission of the publisher].

The opinions and views expressed are exclusively those of the authors/ contributors and in no way the editor or publisher is responsible

Published in India by **Prem Singh Bisht for Kunal Books** and
printed at Trident Enterprises, Noida, U.P.

CONTENTS

<i>Preface</i>	vii
<i>List of Contributors</i>	xiii
1. Role of Education in Women's Empowerment in India: A Challenge for 21st Century	1
<i>Dr. Gopal Charan Biswal</i>	
2. Educating Women for a Better Tomorrow: Old Issue and Fresh Perspective	15
<i>Dr. Sambit K Padhi & Subrat Kumar Padhi</i>	
3. Empowering Students with 21st Century Learning Skills: Role of Teachers	24
<i>Dr. Rajalakshmi Das</i>	
4. Self-defence Training Programme for College Girls- An Overview	31
<i>Dr. Bimal Charan Swain & Soumya Shubhadarshinee</i>	
5. Democratic Decentralization and Women's Empowerment in India	44
<i>Dr. Nirmal Kumar Sahoo</i>	
6. Mission Shakti - A Tool for Women Empowerment and Development in Odisha	53
<i>Dr. Rajalaxmi Mishra</i>	
7. Women Empowerment in India – Issues and Challenges	63
<i>Dr. Surekha Sundari Swain & Dr. Raj Kumar Nayak</i>	
8. Feminism and Women Empowerment	70
<i>Dr. Meenu Sharma</i>	

9.	Empowerment of Women Through Vocational Education in India	80
	<i>Sabyasachi Das & Dr. Bimal Charan Swain</i>	
10.	National Education Policy 2020: Equity and Inclusion for Empowering Women	88
	<i>Dr. Neena Dash</i>	
11.	Women Empowerment and Sustainable Development	95
	<i>Dr. Sohini Ghosh</i>	
12.	Education and Women Empowerment	103
	<i>Dr. Sabita Mishra</i>	
13.	Women Empowerment in India – Issues and Challenges	111
	<i>Saswati Nanda</i>	
14.	Role of Self Help Groups in Empowering Rural Women: A Study	123
	<i>Monalisha Panda & Dr. Seba Mohanty</i>	
15.	Women Empowerment in 21st Century Through Sports	133
	<i>Dr. Yogamaya Panda</i>	
16.	Quality of Life of Primitive Tribal Women in Relation to Educational Development Programme	138
	<i>Dr. Kartikeswar Roul & Dr. Bimal Charan Swain</i>	
17.	Role of Education for Empowerment of Women	148
	<i>Koyeli Laha & Dr. Rasmirekha Sethy</i>	
18.	Role of Education for Empowerment of Women in India	156
	<i>Dr. Raj Kumar Nayak & Dr. Haripriya Panda</i>	
19.	Empowering Women Through Life Skill Education- An Overview	162
	<i>Dr. Atal Bihari Tripathy & Dr. Rahul Pandey</i>	
20.	Education and Women Empowerment	174
	<i>Dr. Sajna Pattnaik</i>	
21.	Women Empowerment and Sustainable Development	180
	<i>Bidulata Sahoo</i>	

22. **Effect of Functioning of Kasturba Gandhi Balika Vidyalayas for Development of Girls Education Among Minority Group of Odisha** 185
Dr. Kartikeswar Roul & Dr. Alok Rana
23. **Empowering Women in India: Opportunities and Challenges** 195
Sushree Shibane Dash
24. **Empowerment of Scheduled Tribe Women in Odisha - Policy and Practice** 202
Supriya Mallik
25. **Role of Education in Social Empowerment of Women** 210
Monalisa Guchait
26. **Life Skill Education and Women Empowerment** 217
Dr. Runjun Kalita
27. **Empowerment of Women Through Political Participation in India** 223
Debasree Ray
28. **Co-operative Movement and Women's Empowerment** 230
Dr. Rashmi Ranjan Nath
29. **Women in Higher Education: The Invisible Glass Ceiling** 237
Priti Pragyan Ray
30. **Conceptualizing Women Empowerment in India Through Life Skill Education** 241
Ashmita Kashyap & Sraban Kumar Bag
31. **Women Empowerment in 21st Century** 246
Dr. Droupadi Patel
32. **ICT and Women Empowerment** 253
Laxmipriya Ojha & Rosalin Pradhan
33. **Programmes for Empowerment of Women in India** 258
Dr. Debendra Kumar Sethi & Sumitra Parida
34. **Effect of Internet Addiction and Gender on Anxiety Among Adolescents** 264
Dr. Priti Sriranjana

35. Empowerment of Adolescent Girls in Relation to their Locality, Type of School and Social Category	275
<i>Dr. Purna Chandra Behera</i>	
36. Women Empowerment in Indian Scenario: Opportunities and Challenges	282
<i>Dr. Sipra Ray</i>	
37. Empowerment of Tribal Women in India	287
<i>Dr. Lopamudra Behera</i>	
38. Leadership Role of Females	292
<i>Sandhyarani Pal</i>	
39. Women Empowerment and Sustainable Development	297
<i>Shashowti Mohapatra</i>	
40. Life Skill Education and Women Empowerment	302
<i>Rupali Aparajita Mohanty</i>	
41. Policies and Programmes for Empowerment of Women in India	307
<i>Purnabasi Rout</i>	
42. Leadership Role of Females	313
<i>Monalisa Behera</i>	
Index	317

EDUCATING WOMEN FOR A BETTER TOMORROW: OLD ISSUE AND FRESH PERSPECTIVE

Dr. Sambit K Padhi & Subrat Kumar Padhi

Introduction

India is a country in which women constitute half of the human resources but unfortunately, the potential resources from this sector are not optimised for several reasons. Our Constitution has guaranteed equal rights to women. But how far this is implemented is a big question mark. What the women need is to understand their rights and become aware of these legal provisions. An educated woman can be able to take adequate measures to safeguard her dignity in society. As today's daughter is tomorrow's mother, they must understand the advancement of medical sciences and reap its benefit to the maximum extent. They must have a thorough knowledge of safer sex, deadly diseases like HIV-AIDS, health, and hygiene of their child. The process of decision making is not very adequate in the case of women because they are mostly illiterate. The overall picture of girls' and women's education is one of limited opportunity, numerous obstacles, and questionable quality and relevance.

In almost all societies women have been given inferior and unequal social positions. Education can certainly play a positive role in the improvement of women's status. Problems concerning women's education received considerable attention in the Five Year Plans. The main objective of our Five Year Plans is to raise the living standards and open out to the people new opportunities for a richer and more varied life. But this has not been achieved