



SUMMER CAMP

Theme: Environment Love

Coordinator- **Dr. Gunjan Patil**, Assistant Professor, Department of Forestry, Wildlife and Environmental Sciences, GGV, Bilaspur- CG

Co-coordinators - **Ms. Preety Shah & Mr. Abhishek Maitry**, PhD Scholar, Department of Forestry, Wildlife and Environmental Sciences, GGV, Bilaspur- CG

General Objective

To nurture the curiosity and creativity of the child, particularly in relation to the natural environment. Develop awareness about environmental issues. Make children able to solve environmental issues in an inclusive and fun learning manner.

List of Activities

- 01: Plantation Activity using Seed
- 02: Plantation Activity using Plants
- 03: Seed Ball Making
- 04: Cleanliness Drive
- 05: Recycling Game Chart
- 06: Eco-bricks Making
- 07: Best Out of Waste
- 08: Stone Painting

Day 01: Plantation Activity using Seed

The objective of the activity was to teach the kids about the importance of seeds and how to grow them on their own with the least resources. The kids enjoyed and learned about the techniques of seed planting and observed their planted seed growing which gave them immense satisfaction and also were willing to perform the same on a regular basis in their schools/homes.



Day 02: Plantation Activity using Plants

Objective: The objective of the activity was to teach the kids about planting a plant using grafts of rose and how to grow them on their own with the least resources. The kids learned about the planting techniques using graft in the simplest way and were found very curious after the activity to see their efforts turning into a rose plant. This will help them to develop a mindset to grow such more plants and contribute to the wellness of environment.





Day 03: Seed Ball Making

Objective: The objective of the activity was to teach the kids about making seed balls just using seeds and soil and how to use them in their surroundings. The kids learned about the technique of making seed balls and enjoyed playing with soil which also made them learn about the importance of soil and how it can be used. Through teamwork, they made 308 seed balls in 15 minutes.



Day 04: Cleanliness Drive

Objective: The objective of the activity was to teach the kids about the importance of cleanliness in their surroundings and make them aware of properly disposing of waste. The cleanliness drive activity influenced the kids to keep the environment clean and not throw garbage everywhere. Through teamwork, they collected more than 5 kgs of waste in less than 15 minutes from the nearby area.



Day 05: Recycling Game Chart

Objective: The objective of the activity was to teach the kids about the segregation of collected waste materials in different bins based on the material of waste. Through this activity, the kids learned to differentiate between wastes and segregated them into plastic waste, paper waste, glass waste, metal waste for recycling and food waste for composting. They also learned that for what recyclable wastes can be used.



Day 06: Eco-bricks Making

Objective: The objective of the activity was to teach the kids about a unique technique of converting waste plastics into eco-bricks. The activity made the kids learn about the harmful impact of waste plastics on the environment and reduce them by converting them in the form of eco-bricks. They were also informed about the different uses of eco-bricks.



Day 07: Best Out of Waste

Objective: The objective of the activity was to teach the kids about recycling cardboard and converting them into birdhouses by using simple stationary utensils. Through this activity, the kids creatively learned to build the bird house in its simplest form using general stationary items. This activity helped them to explore their creative mind and learn new things. The activity was performed in different groups so that the kids will learn the importance of teamwork and respects other's decisions.



Day 08: Stone Painting

Objective: The objective of the activity was to teach the kids about the art of stone painting using stones and bright colours to enhance their creative mindset. This activity helped the kids to explore their creative minds and learn the art of stone painting which will help them in exploring new art forms and develop their minds in that direction.



SUMMER CAMP

Theme: Art and Craft Activities

Coordinator- **Dr. Jyoti Verma**, Assistant Professor, Department of Education

GGV, Bilaspur- CG

Co-coordinators – **Mrs. Kalpana Priya**, PhD Scholar and **Mr Ranjan Kumar Behera**
Department of Department of Education GGV, Bilaspur- CG

General Objective

To make children learn about art and craft, learn basic skills of art and understand the concept of making craft items from simple things and easily available items. Divert kids towards physical and mental engagement in making things on their own and give a sense of happiness and joy

Day 1 & 2 Saturday & Monday (20 & 22 May 2023) The art and craft first-day class were on Straight lines and various geometrical shapes. Drawing straight lines can be difficult, especially for beginners. It is important to recognize that when drawing freehand, even the best artists will have some imperfections in their straight lines. Those subtle imperfections are acceptable and normal for freehand drawing. They often add more character and feeling to the drawing.

The major focus was on how to hold a pencil and practising straight lines involving 'to and fro' movement 3. Circle shape drawing, including sphere, ovule 4. Another geometrical shape like - Square, Rectangle, Triangle, 5. Based on a straight line - 3D shape practising- cube 6. 3D effect. Both the group of students below the 5-year age group and above 5 years of age will learn the basics of Drawing and the concept of colour.



Day-3 Tuesday (23/05/2023)

On 23rd May, 2023 (Tuesday) block printing was conducted with the help of vegetables (Potato, Onion and lady finger) and green leaf. Block printing is a good educational activity to teach patterns and explore the world around you. And it's a great activity for kids of all ages. The outcome of block printing for kids is to focus children's attention on line, shape, pattern and texture. It allows children to try out different techniques and to immediately see cause and effect in action.



Children of age group 5 and above were introduced to the Matka Painting and Decoration. Matka painting can not only be a hobby to keep your mind off stress but also an excellent way to add colour and creativity to your abode. Hence, through this activity kids' creativity, concentration and engagement were developed.



Day-4 Wednesday (24/05/2023)

On 24th May 2023 (Wednesday) dot painting of flowers was done by students under the age of 5 years. This activity was designed to develop the child's fine motor skills and strengthen grasp and manual control. This will enhance their motor ability and grip of their fingers. They learnt that a small change can make a big difference. they also learnt to look picture as a whole as said by Gestalt. this will help them in their problem-solving approaches also. The print of the flower was given and they used colour painting to fill the flower using the earbud. For children, 5 years and above again Matka decoration activity was continued and the children were fully engaged in this activity they beautifully decorated this Matka with the help of a mirror, jari, and lace.



Day-5 Thursday (25/05/2023)

On 25th May, 2023 (Thursday) button art was conducted for students under 5 years. The students were provided with the sheet in which they have to stick the button on the branches. Through this activity, they learned to stick the button on branches and hence they were able to recognize the branches of the tree.



The activity was designed to develop the technical skills among the students where they have to paste buttons only at the end of the branches. as well as this also developed the coordination between the finger and the place where they have to paste buttons.

For the age group 5 and above children were engaged in flower making with the help of origami paper, in which they prepared decorative flowers for their homes. Origami has been found to improve not only 3D perception and logical thinking but also focus and concentration. Hence, this activity was very fruitful for the children of all age groups.



Day-6 Friday (26/05/2023)

On 26th May 2023 (Friday) students under 5 age made crafts using earbuds, and therma col balls. They learned alignment and architectural skills. They pasted the Therma coal balls of



different colours.

Further, on the sixth day senior children prepared the snake with the help of origami paper and they enjoy a lot during this activity. Origami has been found to improve not only 3D perception and logical thinking but also focus and concentration.



Day-7 Saturday (27/05/2023)

On 27th May 2023 (Saturday) the thumb painting was conducted for students under 5 years of age. The thumb printing activity is a wonderful sensory experience for the children. It strengthens their hand and finger muscles. Children enjoyed this mess by playing with their thumbs and making an impression on given images. This activity supports sensory integration and improves fine motor development by strengthening finger and hand muscles. Kids also



learned about colours, shapes and spatial relationships. In this activity, the kids made a beautiful flower base with the help of their fingers. Children participated with full enthusiasm.

Further, on the seventh day senior children prepared the colourful fish with the help of origami paper and they enjoy a lot during this activity. Origami activity has been found to improve not only 3D perception and logical thinking but also focus and concentration.



Day-8 Monday (29/05/2023)

On 29th May 2023 (Monday) the clay modelling activity was conducted. This activity was conducted to improve hand-eye coordination skills. It is coordination between visual input and the performing task. It develops the aesthetic sense also and encourages trial and error. When a child learns to construct again and again, they enjoy the learning process and they learn to construct something new from their old experiences. This enhances their creativity and encourages the play-based learning. The children made different forms using the clay mould and using their hands. They also made 2-D shapes using the toothpick and clay which promoted their architectural skill and developing something new shapes using toothpicks.



On day eight, senior children prepared the teddy bear and shopping bag with the help of waste materials. Children made beautiful teddy bears with the help of sponges and rubber bands. This activity helps students to develop sensitivity towards nature and introduces the concept of reuse, reducing and recycle.



Day-9 Tuesday (30/05/2023)

On 30th May 2023 (Tuesday), The students made a collage on a picture of a mushroom. This activity was enjoyed by the students when they used the waste paper which was remaining from previous days. The collage will improve their fine motor skill and also develop a sense of reuse and recycle. This will inculcate a habit of no waste concept. students tear the paper which were already left over from other activity and used them to form new and fresh art form.



On the ninth day senior group prepared the pooja thali with the help of velvet paper, mirror, lace and other decorative items. This activity integrates and enhances the Indian culture and tradition among children and helps to understand the importance of festivals and other rituals.



Day-10 Wednesday (31/05/2023)

On the 10th day of the summer camp in the validatory session, the exhibition of all the products prepared by children was done. In which invited guests and parents appreciated the children's creativity and hard work.

SUMMER CAMP

Theme: Grooming Socialization



Coordinator- **Dr. Archana Yadav**, Assistant Professor, Department of Social Work, GGV, Bilaspur (CG)

Co-ordinators: **Ms. Sheetal Bala** and **Mr. Satyam Sharma**, BSW, Department of Social Work, GGV, Bilaspur (CG)

General Objective

To make kids understand the basic concepts of socialization, family, friendship and the importance of relationships, grooming them to become more responsible as a person. Social grooming is an essential aspect of early childhood education and has a significant impact on a child's social and emotional development. The importance of social grooming in kindergarten objectives is evident in the way it helps children build relationships, develop empathy, and learn appropriate social behaviours.

Social grooming, also known as socialization, is the process by which children learn to interact with others in a socially acceptable manner. It involves teaching children how to communicate, cooperate, and resolve conflicts with their peers. Social grooming is an essential part of early childhood education because it helps children develop the social skills they need to succeed in school and life.

List of Activities

Mom & Dads Work

Role Play

Good Touch Bad Touch

Pick a Toy

Sharing and Caring

Let's introduce my new friend (Senior citizens)

Gratitude Journaling

Roll and Spin Coping Strategy

Mom & Dads Work

The objective of this activity was to just identify the work/role performed by the mother and father and make children realize the domestic work and understand the basic concept of gender roles. The purpose of this activity was to prepare kids and sensitize boys and girls for their role in domestic work and help their parents.



Role Play

Role play is the act of imitating the character and behaviour of someone who is different from yourself. The activity focuses on observation of different roles in the family and imitation of the roles preferred by the kids. In the entire activity, it was observed that kids were more observant towards their mother's role. They admitted that most of the work at home is performed by their mothers. Kids were asked about their interests to perform the role, and they picked the mother role, few boys were passive but they grasped the purpose of the overall activity.



Good Touch Bad Touch

It's essential to empower the children with the proper knowledge about good touch and bad touch. It is imperative to create opportunities to talk to the children and discuss what a good touch is and what is not. We may think that the child is too young to understand the difference between good and bad touch and other such topics, but they are not, we can talk about these subjects with ease so that they learn about them from an early age without getting scared. Kids were explained about various kinds of touches. For example, good touch feels caring, like a pat on the head, back, or a bear hug. In comparison, a bad touch can hurt your body or feelings, such as pinching, hitting, or touching any private area.

Children talked about the **SWIMSUIT Rule** that the parts covered by a swimming outfit or undergarments are private parts and anyone except them should not touch or see them, **Ownership of the body** was explained they have the choice to deny a handshake, a hug or any physical touch if they don't like it.

The purpose of this activity was to educate children about the difference between good and bad touch and let children know that it's ok to say no if you don't like any touch, even from a friend or a family member.



Pick a Toy

Pick a toy was the activity just to let the kids choose the kind of their preferred toys, it was observed that boys preferred toys with male characters and so was with girls who picked toys similar to their qualities, showing the maternal characters.



Sharing and Caring

Pre-schoolers are in the stage of life where it's not easy to make them learn to share their belongings. Sharing is a crucial Social Skill forcing kids to do so is not wise as this is not going to them to engage fully in the sharing process. So, it has to be designed and inculcated in them through activities where they participate and unknowingly learn how sharing helps accomplish certain things.

Kids were engaged in different activities and games to understand that to share is to spread joy because we believe that this critical skill becomes easy to get learned when kids play and learn, which sows the seed of empathy and helps in building the social skills required for well-adjusted adults. The purpose of this activity was to make kids feel and understand that if someone shares something with any other person that means they CARE for the person.

Kids played colour a beach ball and share the pencil activity.



Let's introduce my new friend (Senior citizens)

Through this activity, the children were asked to explain the concept of a friend in their words. Children were asked to make a new friend who may be a grandmother or a grandfather of their residential area or their own family. Through this activity, it is expected to develop a bonding between two generations the very young and the senior citizens promoting **Intergenerational Relationships**. Intergenerational relationships refer to the chain of relationships between ageing parents, adult children, grandchildren and even great-grandchildren. There's a certain reciprocity between each family member that benefits each of the generations. Growing intergenerational friendships with others can offer a unique perspective on life, as the older generations help the younger ones learn what to expect in their futures and offer advice to

ensure they're living their best lives. In turn, a younger person can help someone older be a little more adventurous, getting them out of their daily routines. Both parties can benefit from these different perspectives and approaches to life.



Gratitude Journal

A gratitude journal is a simple yet powerful tool that can help cultivate a more positive mindset, reduce stress, and increase happiness. We often focus on what we want, rather than being grateful for what we already have. Gratitude is a powerful emotion that can not only uplift general well-being but when you combine it with journaling practice, we stand to gain greater perspective and resilience in life. The best way to express gratitude is through writing about the things, people, situations, events, etc., we are grateful for. The kids were educated on how to start writing gratitude in a journal.

- Pick a journal (any copy or diary we can create as per your ideas)
- Set out a day and time to write in the journal. If we miss a day here and there, don't beat yourself about it. Move on.
- Write the three things you are most thankful for.
- Imagine the feeling of gratitude while we write about the things you appreciate having in your life and let that emotion wash over you.
- Be expressive.
- Strive to make it a habit. The transformational effects of gratitude journaling take time to show.

The goal of this activity was the realization of people's contributions and their actions in one's life and how to acknowledge and appreciate them, which ultimately feel the importance of the relationship in our life. The session continued for two days.



Roll and Spin Coping Strategy

The Roll and Spin Coping activity was a fun game with planned events with life observation and experience expressions. The activity aimed to enhance communication, expression, recalling memories and correlating lifetime experiences. Through this game kids also develops the ability for quick response and memory retention.

