



**List of Courses Focus on Employability/ Entrepreneurship/  
Skill Development**

**Department : Social Work**

**Programme Name : BSW**

**Academic Year : 2019-20**

**List of Courses Focus on Employability/ Entrepreneurship/Skill Development**

Sr. No.	Course Code	Name of the Course
01.	SS/SW/C-301	Working With Individual
02.	SS/SW/C-P-301	Field Work Practicum based on Working with Individuals
03.	SS/SW/C-302	Working With Groups
04.	SS/SW/C-P-302	Field Work Practicum based on Working with Groups
05.	SS/SW/C-303	Social Deviance and Social Problems
06.	SS/SW/C-303	Field Work Practicum based on Social Deviance and Social Problems
07.	SS/SW/GE-1-304	Social Deviance and Social Problems
08.	SS/SW/SEC-1-305	Counseling Skills For Social Work Practice
09.	SS/SW/C-401	Community Organization
10.	SS/SW/C-P-401	Field Work Practicum based on Community Organization
11.	SS/SW/C-402	Communication and Development
12.	SS/SW/C-P-402	Field Work Practicum based on Communication and Development
13.	SS/SW/C-403	Physical Mental and Community Health
14.	SS/SW/C-P-403	Field Work Practicum based on Physical, Mental and Community Health
15.	SS/SW/GE-404	Communication and Development
16.	SS/SW/SEC-2-405	Programme Media in Social Work

  
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समाज कार्य विभाग  
Department of Social Work  
गुरु घासीदास विश्वविद्यालय  
Guru Ghasidas Vishwavidyalaya  
बिलासपुर(छ.ग.)  
Bilaspur(Chhattisgarh)

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## Scheme and Syllabus

### Department of Social Work

### Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G.)

(A Central University established by the Central Universities Act, 2009, No.25 of 2009)

#### Examination Scheme and Course Name: BACHALOR OF SOCIAL WORK (BSW)

The Schedule of theory papers & filed work prescribed for six semester is as follows :				
Level	Course	Title of Papers	Credit	Hour/ Week
Semester -3	SS/SW/C-301	Working With Individual	4	4
	SS/SW/C-P-301	Field Work Practicum based on Working with Individuals	2	2
	SS/SW/C-302	Working With Groups	4	4
	SS/SW/C-P-302	Field Work Practicum based on Working with Groups	2	2
	SS/SW/C-303	Social Deviance and Social Problems	4	4
	SS/SW/C-303	Field Work Practicum based on Social Deviance and Social Problems	2	2
	SS/SW/SEC-1-305	Counselling Skills For Social Work Practice	2	2
				25
Semester-4	SS/SW/C-401	Community Organization	4	4
	SS/SW/C-P-401	Field Work Practicum based on Community Organization	2	2
	SS/SW/C-402	Communication and Development	4	4
	SS/SW/C-P-402	Field Work Practicum based on	2	2



		Communication and Development		
	SS/SW/C-403	Physical Mental and Community Health	4	4
	SS/SW/C-P-403	Field Work Practicum based on Physical, Mental and Community Health	2	2
	SS/SW/GE-404	Communication and Development	5	5
	SS/SW/SEC-2-405	Programme media in social work	4	4
		Summer Internship: 15 Days (Optional) Swayam Swachhta/ NSS/ Industrial/ Others	2	100
			25	25

  
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Department of Social Work  
Guru Ghasidas Vishwavidyalaya  
Koni, Bilaspur (Chhattisgarh)  
School of Social Sciences  
Subject: Social Work

BSW  
Semester: III  
Core-5  
Course Code: SS/SW/C-301  
Credit:4

**Title of Paper: Working With Individual**

**Objectives:**

1. Understand social case work as a method of social work.
2. Develop abilities to critically analyse problems of individuals as well as families And factors affecting them.
3. Enhance understanding of the basic concepts, tools techniques skills and process.
4. Develop ability of establishing and sustaining a working relationship with the client.

**Contents:**

**Unit I: Introduction to Social Case Work**

- Concept of social casework: meaning, nature, objectives and importance
- Historical development of social case work
- Principles of social case work
- Components of social case work: person, problem, place and process

**Unit II: Understanding Clients**

- Basic human needs
- Types of problems faced by individuals and families
- Factors obstructing personality development of individuals
- Concept of social role and reasons for poor role performance



**Unit III: Approaches to Social Case Work**

- Task-centred approach
- Social-psychological approach
- Problem solving approach
- Integrated approach of practice

**Unit IV: Tools, Techniques and Skills of Social Case Work**

- Client-worker relationship and use of authority
- Case work tools: listening, observation, interview and home visits
- Skills of case work: communication, resource mobilization, rapport building and case work recording

**Unit V: Process of Social Case Work Practice**

- Phases of case work process: study, assessment, intervention, termination and evaluation
- Application of case work in different settings: family, hospital, mental health, schools, residential institutions.

**Readings:**

**BSW**  
**Semester: III**  
**Core-5 Practical (Field Work Practicum)**  
**Course Code: SS/SW/C-P-301**  
**Credit: 2**

**Title of Paper: Field Work Practicum based on Working with Individuals**



Semester: III

Core-6

Course Code: SS/SW/C-302

Credit: 4

**Title of Paper: Working With Groups**

**Objectives**

1. Develop understanding of group work as a method of social work.
2. Gain knowledge about group formation and use of a variety of group approaches.
3. Develop knowledge, skills and techniques to be used by the social worker in groups.
4. Understanding group as an instrument of change.

**Contents:**

**Unit I: Introduction to Social Group Work**

- Social groups: meaning, characteristics, types and significance
- Concept of group work: Evolution, characteristics and objectives
- Basic values and principles of group work
- Models of group work practice

**Unit II: Groups Processes and Dynamics**

- Group behaviour
- Communication and interaction pattern
- Group cohesion & conflict

**Unit III: Development of the Group**

- Stages of group work: planning, beginning, middle and ending phases
- Use of programme as a tool: importance, principles and elements.
- Role of group worker in different stages of group work practice

**Unit IV: Skills and Techniques of Social Group Work**

- Group work skills: facilitation, analytical thinking, leadership and recording in group

**work**

- Techniques of group work: group counselling group discussion, group decision-making, role play, programme media and group sessions

**Unit V: Social Group Work in Different Settings**

- Application of group work with different groups: children, adolescent's elderly persons,

**women and persons with disability**

- Areas of group work practice: Health education, substance abuse, schools, labour

**welfare, juvenile delinquency**



Semester: III  
Core-6 Practical(Field Work Practicum)  
Course Code: SS/SW/C-P-302  
Credit: 2

Title of Paper: Filed Work Practicum based on Working with Groups

BSW  
Semester: III  
Core-7  
Course Code: SS/SW/C-303  
Credit: 5

Title of Paper: Social Deviance and Social Problems

**Objectives:**

1. Understand the concept of social deviance and social change.
2. Identify the major factors contributing to the emergence of social problems.
3. Understand the role of social worker in dealing with the social problems

**Course Content**

**Unit I: Social Deviance**

- Concept of social conformity and deviance
- Theories of social deviance

**Unit II: Social Change**

- Social change: Concept and factors
- Theories of social change

**Unit III: Violence in Indian Society**

- Concept and nature of violence in Indian society
- Communal violence
- Violence against children

**Unit IV: Social Problems**

- Drug addiction, HIV/AIDS, beggary, prostitution, and suicide
- Environmental degradation
- Displacement and development

**Unit V: Social Defence**

- Social defence: Concept, nature, and scope
- Areas of Social defence, Policies and Programmes
- Social defence services in India





Social defence and voluntary organisations

**BSW**  
**Semester: III**

**Core-7 Practical (Field Work Practicum)**  
**Course Code: SS/SW/C-303**  
**Credit: 1**

**Title of Paper: Field Work Practicum based on Social Deviance and Social Problems**



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BSW

Semester: II

SKILL ENHANCEMENT COURSE (SEC-1)

Course Code: SS/SW/SEC-1-305

Credit:4

Title of Paper: COUNSELLING SKILLS FOR SOCIAL WORK PRACTICE

UNIT-I	<p><b>Meaning of Counseling</b></p> <ul style="list-style-type: none"> <li>Counseling –Meaning ,Definition, goals and Objectives; counseling process, stage of counseling</li> <li>Counseling situations :Developmental, preventive, facilitative, crisis; general factors and their influences on counseling</li> </ul>
UNIT-II	<p><b>Process and Principle</b></p> <ul style="list-style-type: none"> <li>Processes of counseling</li> <li>Basic Principles of Counseling</li> </ul>
UNIT-III	<p><b>Individual and Group Counseling</b></p> <ul style="list-style-type: none"> <li>Individual counseling: Client as a person(Client system as a unit), voluntary and non-voluntary, expectation, Behavior, communication-verbal and non verbal; couple and family counseling</li> <li>Counseling for group: process, advantages and disadvantages; crisis counseling with bereavement affecting communities.</li> </ul>
UNIT-IV	<p><b>Approaches and Techniques</b></p> <ul style="list-style-type: none"> <li>Approaches to counseling:person centered, rational emotive, transactional analysis, behavioral approaches, gestalt, existential approaches, egan’s three stage model, eclectic model</li> <li>Techniques of counselling :initiating contact, intact,rapport-establishing, structure, interaction.attending behavior , observation, responding, rating and its interpretation</li> </ul>
UNIT-V	<p><b>Application of Counselling</b></p> <ul style="list-style-type: none"> <li>Counseling in Social Work Practice;Social Worker as a Counsellor</li> <li>Application of Counseling in various setting</li> </ul>



BSW  
Semester: IV  
Core-8  
Course Code: SS/SW/C-401  
Credit:4

**Title of Paper: Community Organization**

**Objectives:**

- To develop understanding regarding community organization as a method of social work
- To understand the critical elements of community organization practice
- To enhance critical understanding of the models and strategies for community.

**Course Content:**

**Unit- I Understanding Community**

- Concept of community: Sociological, cultural and social work
- Perspective of community- geographical and functional community
- Functions of community.
- Historical Development of community work.

**Unit- II Community organization as a Practice**

- Concept of Community Work, Community Organization and Community Development
- Principles of community organization.
- Processes in community organization- steps and applications.
- Models of community organization and its application.

**Unit III Strategies in Community Organization**

- Strategies and techniques in Community Organization
- Role of community Organizer

**Unit IV Community Dynamics**

- Understanding community power structure.

- Empowerment and capacity building through communities.
- People's participation.

**Unit V: Application of Community Organization.**

- Community Organization with rural and urban communities.
- Community Organization with vulnerable Communities.

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**BSW**  
**Semester: IV**  
**Core-8 Practical(Field Work Practicum)**  
**Course Code: SS/SW/C-P-401-401**  
**Credit:2**

**Title of Paper: Field Work Practicum based on Community Organization**



BSW  
Semester: IV  
Core-9  
Course Code: SS/SW/C-402  
Credit: 4

### Title of Paper: Communication and Development

#### Objectives:

1. Understand communication in the context of development
2. Acquire skills in effective communication
3. Enhance the capacities in application of development communication tools.

#### Unit I: Understanding Communication

- Communication: concept, significance, principles, process.
- Forms of communication: Verbal, non-verbal and written
- Development Communication
- Communication in Social Work Profession

#### Unit II: Connecting Self and Communication

- Self-Awareness in communication
- Listening- stages, functions, barriers
- Improving communication competence

#### Unit III: Effective Communication

- Types of Communication: Intrapersonal, Interpersonal, group communication and mass

#### Communication

- Barriers in Communication
- Communication as a tool for social development

#### Unit IV: Mass Communication

- Traditional and modern means of mass communication
- Propaganda and public opinion
- Role of mass communication in social change

#### Unit V: Communication for Development Practice

- Information Education and Communication - relevance, types, effective usage
- IEC and Development Practice
- Participatory communication: group discussion, focus group discussion

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**BSW**  
**Semester: IV**  
**Core-9 Practicum (Field Work Practicum)**  
**Course Code: SS/SW/C-P-402**  
**Credit: 2**

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**Title of Paper: Field Work Practicum based on Communication and Development**



Credit: 4

**Title of Paper: Physical Mental and Community Health**

**Objectives:**

1. Develop an understanding about dimensions of health
2. Gain knowledge about physical, mental and community health
3. Develop skills to work with health setting.

**Unit I: Understanding Health**

Concept and dimensions: Physical, Mental and Community health  
Indicators of health  
Changing concepts in Public Health

**Unit II: Health and Disease**

- Types of diseases: communicable, non-communicable and life style diseases
- Impact of disease on individual and community
- Prevention and control of disease

**Unit III: Mental Health and Society**

- Mental health, mental illness, mental disorders
- Understanding normality and abnormality
- mentalhealth care system

**Unit IV: Health Care policies and Programmes**

- Major health policies
- Trends in health care programmes
- Reproductive and child health programmes

**Unit V: Social Work Response to Public Health**

- Occupational health
- Environment and health
- Social work profession-roles and responsibilities



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**BSW**  
**Semester: IV**  
**Core-10 Practical(Field Work Practicum)**

**Course Code: SS/SW/C-P-403**  
**Credit:2**

**Title of Paper: Field Work Practicum based on Physical, Mental and  
Community Health**



Course Code: SS/SW/GE-404  
Credit:5

**Title of Paper: Communication and Development**

**Objectives:**

1. Understand communication in the context of development
2. Acquire skills in effective communication
3. Enhance the capacities in application of development communication tools.

**Unit I: Understanding Communication**

- Communication: concept, significance, principles, process.
- Forms of communication: Verbal, non-verbal and written
- Development Communication
- Communication in Social Work Profession

**Unit II: Connecting Self and Communication**

- Self-Awareness in communication
- Listening- stages, functions, barriers
- improving communication competence

**Unit III: Effective Communication**

- Types of Communication: Intrapersonal, Interpersonal, group communication and mass

**Communication**

- Barriers in Communication
- Communication as a tool for social development

**Unit IV: Mass Communication**

- Traditional and modern means of mass communication
- Propaganda and public opinion
- Role of mass communication in social change

**Unit V: Communication for Development Practice**

- Information Education and Communication - relevance, types, effective usage
- IEC and Development Practice

- Participatory communication: group discussion, focus group discussion



BSW  
Semester: IV

SKILL ENHANCEMENT COURSE (SEC-2)

COURSE CODE:SS/SW/SEC-2-405  
Credit:4

TITLE OF THE PAPER: Programme Media in Social Work

UNIT- I	<b>Meaning &amp; Concept of Programme Media</b> <ul style="list-style-type: none"><li>• Programme: Meaning and purpose, Concept and significance in social work</li><li>• Role of social worker in programme planning</li></ul>
UNIT- II	<b>Modes of Programme Media</b> <ul style="list-style-type: none"><li>• Types of Programme media: Group discussion, advertisement, flip chart, flash cards, art and craft</li><li>• Interactive games and outdoor exposure</li><li>• Application of program media in various settings</li></ul>
UNIT -III	<b>Essentials of Programme Media</b> <ul style="list-style-type: none"><li>• People-centered approach to programme media</li><li>• People/target group participation in programme</li><li>• Basic principles</li></ul>
UNIT- IV	<b>Programme Media for Development Practice</b> <ul style="list-style-type: none"><li>• Information Education and Communication - relevance, types, effective usage</li><li>• IEC and Development Practice</li><li>• Participatory communication: group discussion, focus group discussion</li></ul>
UNIT- V	<b>Mass Communication</b> <ul style="list-style-type: none"><li>• Traditional and modern means of mass communication</li><li>• Propaganda and public opinion</li><li>• Role of mass communication in social change. Media in social work practice; social worker as a Mediator.</li></ul>

**Outcomes:**

- Able to demonstrate the competencies of case work.
- Capable to understand the methodological frameworks required for working with clients come into category of case work process.

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*Outcomes:*

- Able to demonstrate the competencies of group work.
- Competent to understand the ground realities associated in social problems.

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