## **Press note**

Today on 24/12/2021, first session initiated by Dr. Princy Matlani, Assistant Professor, Department of Computer Science and Engineering. She delivered the lecture on Peer Pressure. She discussed the Peer pressure or influence is when you do something because you want to feel accepted and valued by your friends. Peer influence can be positive or negative. Coping well with peer influence is about getting the right balance between being yourself and fitting in with your group. She gave solution for how to reduce peer pressure in student life and how to improve yourselves.

Next lecture, delivered by Mr. Akshay Shukla, senior journalist and motivational speaker. He discussed about the self-motivation, awareness and carrier. He told his experiences such as an example for the students. He said about the ability to motivate yourself self-motivation is an important skill. Self-motivation drives people to keep going even in the face of set-backs, to take up

Second session, initiated by Dr. Lalit Kumar Sahu, Assistant Professor, Department of Electrical Engineering, NIT, Raipur on IEEE chapter. The technical sub-unit of one or more IEEE Sections. Society/Technical Council Chapters consist of members from one or more IEEE Societies/Technical Councils who share technical interests and geographical proximity. The first step in forming an IEEE Student Branch is to complete the online Petition Form. You will need to have faculty and department support as well as signatures of at least twelve (12) active IEEE Student and/or Graduate Student Members. He also discussed about the advantages and importance of IEEE chapter.

Next interactive talk taken by Mr. Shailendra Jain, Strategic Initiatives Leaders TietoEvry, India. He interacted the students and sharing their college life, hostel life and academics to each and every student. He guided the students about the college life and carrier goals for their bright future.



