

# MUKT SAMWAD

Date: 29/11/2022

Team Paridrishya under Department of Political Science, Guru Ghasidas Vishwavidhyalaya, Bilaspur organised 'Mukt Samwad' on 29th November 2022, Tuesday. Shree Sanjay Payasi was invited as the keynote speaker of the day who is an Environmentalist, Biodiversity Scholar and Social Entrepreneur. Since 10 years he has been working extensively for the growth and development of Bio-diversity in Central India. Also, he has been an aide in the development of Tribal community in the forest areas.

In his interaction, he mainly talked about activating the five human senses to experience the nature from its core and told the importance of meditation to experience this world in a more sound and informed way. He also made students aware of various elements of nature found in Amarkantak region through pictures and video. Apart from all these, he also gave brief description about the history of Amarkantak region and its significance.

The program was compared by Purvi Jaiswal and Shaily Rathore and Janhavi Kewat gave Vote of Thanks. Along with students of Political Science, there were many students from different departments such as English, law, forestry, who joined this interactive session and made most out of it.

