

GURU GHASIDAS VISHWAVIDYALAYA BILASPUR, CHHATTISGARH

Report of 8th International Day of Yoga (IDY) - 2022

Guru Ghasidas Vishwavidyalaya has celebrated the International Day of Yoga-2022 on 21st June, 2022 on a mass level. Honorable Member of Parliament Shri. Arun Sao was kind enough to be the chief guest. Prof. Neelambari Dave was the guest of honor. Prof. Alok Kumar Chakrawal, Honorable Vice Chancellor of GGV, Bilaspur has given the Presidential Address on the occasion.

All the participants assembled at different venues at 5:30 am. The venues were University Cafeteria 150 participants, Rajat Jayanti Sabhagar 400 participants, Central Library 350 participants, Sport Arena 1500 participants, UTD 350 participants, Shahid Veer Narayan Boys Hostel 150 participants , Ambedkar Boys Hostel 100 participants, Swami Vivekanand Boys Hostel 150 Participants and Raj Mohini Devi Girls hostel 200 participants. Approximately 3350 teaching staff, non-teaching staff, students, security guards, housekeeping staff, families of faculties and guests participated in the yoga protocol.

At 6:00 AM. All this participants witnessed the welcome message by Honorable Union Ministers and dignitaries, followed by the address of Honorable Prime Minister Mr. Narendra Modi Ji.

At 7:00 AM all this participants observed common yoga protocol for 45 minutes followed by National Anthem. After the common Yoga Protocol Honorable Member of Parliament Shri.

Arun Sao addressed the gathering, and distributed prizes and certificates to the winners of various activities held in the month of May and June 2022. The program was concluded with vote of thanks by the department of physical education. After the concluding ceremony of the function a group photo of all the participants was taken in front of Auditorium.



At Central Library Building



At Raj Mohini Devi Girls Hostel



At University Basketball Sports Arena



At inside of Rajat Jayanti Sabhagar



At outside side of Rajat Jayanti Sabhagar



Honorable Member of Parliament Shri. Arun Sao (Chief Guest), Prof. Neelambari Dave as a Guest of Honor and Prof. Alok Kumar Chakrawal, Honorable Vice Chancellor of GGV, Bilaspur with University faculties at University Cafeteria during IDY 202.

मानवता के लिए योग @GGV हरिभूमि

संघ: 3500 लोगों ने किया योग

जेट्टम युनिवर्सिटी में अंतर्राष्ट्रीय योग दिवस पर भव्य कार्यक्रम के लिए 10 स्कॉलर पर व्यवस्था की गई थी। योग प्रोटोकॉल में 3350 शिक्षण स्टाफ, गैर-शैक्षणिक स्टाफ अन्य कर्मचारी सुरक्षा गार्ड्स, हाउस कॉरिडोर स्टाफ, स्टाफों के परिचार सहित अतिथियों ने भाग लिया। इन अवसर पर कार्यक्रम के मुख्य अतिथि सांसद अरण सौ ने शारीरिक और मानसिक स्वास्थ्य को औषधि योग को बताया।

NEWS पत्रिका

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योग भारतीय परंपरा और संस्कृति की अमूल्य देन है: प्रो. चक्रवाल

गुरु धामीन्द्र विश्वविद्यालय (केन्द्रीय विश्वविद्यालय) ने आठवां अंतर्राष्ट्रीय योग दिवस 2022 को सामूहिक स्तर पर उत्साह, उत्साह व उत्साह के रूप में मनाया। इस अवसर पर कुलपति प्रो. अलोक कुमार चक्रवाल ने कहा कि योग प्राचीन भारतीय परंपरा और संस्कृति की अमूल्य देन है। मुख्य अतिथि सहस्र अरण सौ ने कहा, भारतीय लोक दर्शन में माने गए सात धुंधों में 'पहला मुख्य निरोगी कथक' है। निरोगी कथक में ही निरोग परिवर्तक का वास होता है। प्रो. नीलाम्बरी दवे ने साक्षात्कार करते हुए सभी के मनोबल को उत्साहित किया।

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केंद्रीय विवि में उत्सव और उत्साह का माहौल

बिलासपुर. गुरु घासीदास केन्द्रीय विश्वविद्यालय में मंगलवार को अंतरराष्ट्रीय योग दिवस मनाया गया. कुलपति प्रो. आलोक कुमार चक्रवाल ने कहा कि योग प्राचीन भारतीय परंपरा और संस्कृति की अमूल्य है. योग अभ्यास शरीर एवं मन विचार एवं कर्म, आत्मसंयम एवं पूर्णता की एकात्मकता तथा मानव एवं प्रकृति के बीच सामंजस्य प्रदान करता है. विशिष्ट अतिथि प्रो. नीलाम्बरी दवे ने सभी का मनोबल बढ़ाया. कार्यक्रम का संचालन शारीरिक शिक्षा विभाग की डॉ. शालिनी मेनन एवं धन्यवाद प्रस्ताव प्रो. विशान सिंह राठौर द्वारा किया गया.

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दैनिक भास्कर

धर्म. समाज. संस्था

योग दिवस का आयोजन किया गया. कार्यक्रम का संचालन शारीरिक शिक्षा विभाग की डॉ. शालिनी मेनन एवं धन्यवाद प्रस्ताव प्रो. विशान सिंह राठौर द्वारा किया गया.

Yoga for Humanity @GGV

Central Chronical

International day of yoga 21st June

Yoga for Harmony & Peace

Yoga leads from nature to God and spirituality: V-C

After this, yoga was practiced from 7 to 7.45 as per the Common Yoga Protocol received from the ministry.

After the general yoga protocol, Vice-Chancellor, Prof. Alok Kumar Chakrwal, presiding over the program, congratulated and greeted everyone on the occasion of the eighth International Yoga Day in his presidential address. He said that Yoga is an invaluable gift of ancient Indian tradition and culture. The practice of yoga provides unity of body and mind, thought and ac-

folk philosophy. A healthy mind resides in a healthy body. In a healthy body the soul lives as a guest and in an unhealthy body as a prisoner. Our sages discovered yoga in ancient times for physical and mental health and well-being.

During this holy festival, Prof. Nilambari Dave participated as a Special Guest and encouraged the morale of everyone. On this occasion, prizes were given to the winners of all yoga related activities that have been organized in the months of May and June. The entire program was arranged through 10 com-

Yoga-the restorative for physical and mental health: Sao

Central Chronicle News

Bilaspur, Jun 21: Guru Ghansidas Vishwavidyalaya (Central University) celebrated the 8th International Yoga Day 2022 on 21st June, 2022 with enthusiasm, gaiety and celebration at a collective level. All the participants gathered at different places at 05.30 am for participation.

CU among the country's 75 Iconic Higher Education Institutions—The Ministry of Education, Government of India has ranked Guru Ghansidas University at 60th position by including it in the list of 75 Iconic Higher Education Institutions in the country.

Arrangements made at ten places. Arrangements were made for the participants at ten different places for organizing the grand program on International Yoga Day in Guru Ghansidas University. These venues were the Cafeteria with 150 participants, Auditorium with 400 participants, Central Library with 350 participants, Sport Arena with 1500 participants, UTD 350 participants, Shaheed Veer Narayan Boys Hostel 150 participants, Ambedkar Boys Hostel 100 participants, Swami Vivekananda Hostel 150 participants and 200 female students at Girls' Hostel registered their attendance. Thus 3350 participants including teaching staff, non-academic staff, other staff, security guards, housekeeping staff, families of faculties and guests participated in the Yoga Protocol.

Prime Minister's address. According to the instructions received, the participants reached all the venues at 5.30 am, after which the speeches were given by the Union Ministers, followed by the address of the Prime Minister, Narendra Modi, whose address on the occasion of the Eighth International Yoga Day from Mysore was to participants the corners of the country and the world.

tion, self-control and perfection, and harmony between man and nature. It is a holistic approach to health and wellness. Yoga is not just exercise, but a feeling of finding oneness within oneself and with the world and with nature.

The Chief Guest, Member of Parliament, Arun Sao said on this holy festival, 'First happiness is a healthy body' among the seven pleasures discussed in Indian

mittes.

The program was conducted by Dr. Shalini Menon of Physical Education Department and vote of thanks by delivered by Prof. Vishan Singh Rathore. A group photograph of all the participants was taken after the conclusion of the ceremony.

All the participants of the university enthusiastically participated in the program and took it as the goal of their healthy life.

IDY at a Glance in newspapers

विभागाध्यक्ष
शारीरिक शिक्षा विभाग
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बिलासपुर (स.प.)

Dr. Sanjit Sardar
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